



# FRIDAY ROUND UP

12th January 2024



## NEW STAFF ON THE TEAM

We have welcomed several new staff members to the team recently.

**Mrs Roberts** has joined Mrs Kingman in the school office. This is one of the busiest areas of the school especially in the mornings and at the end of the day. I am sure that many of you will meet her if you pop into the office at some point.

**Mr Rhodes** has finished his first full week at St Anne's teaching class 3. We spoke last night and he said he has had a wonderful first week. The children have been delightful and everyone has helped him settle in.

**Miss Reynolds** has also started in Class 3 as the class teaching assistant. She has also mentioned to me about how lovely the children have been and how much she is enjoying her new role at the school.

We are pleased to welcome back **Miss Hancock** who is part of our SEN support teaching assistant team. Many of you will remember Miss Hancock from her work in reception class last year and it is great to have her back on the team.

We also have a new cover caretaker who has started this week. **Mr Bannister** will be assisting with the opening up of the school in the morning and taking care of some of the smaller maintenance issues that arise.

Finally, **Mrs Grant** will be joining the team as a midday supervisor very soon. We hoped she could be with us at the start of term, but she is moving into the area and her moving date got delayed. We are very much looking forward to her starting with us in the next few weeks.

## CHILDREN'S TOP TIPS

The House Captains have been asked to explore an awareness raising area to publicise this year. Samuel and Elowen from FOSSE have been working on some top tips to help people save energy and in turn help the environment.



### January Climate Top Tips

1. Turn your heating down or turn it off so it saves energy and is cost efficient.
2. Turn your washing machine down to 20°C to save energy.
3. Use rechargeable batteries so you don't need to waste money by buying more and also wasting the battery.



## E-SAFETY: TIK TOK

Tik Tok is a free social media platform that lets users create, share and watch short videos. The app gained notoriety for its viral dances, trends and celebrity cameos and can be a creative, fun platform for teens to enjoy. However, like all platforms, it comes with dangers that parents and carers need to know about.

The BBC have produced a really useful documentary about the dangers of Tik Tok that parents can view. It is on the IPlayer and is called **The Tik Tok Effect**.



### SEND HINTS AND TIPS FROM MISS TAVENDER



#### **Anxiety In Children**

Following the COVID pandemic, there has been a lot written in the media about how children have been affected by anxiety. What are the signs of anxiety in children?

When children feel anxious, they cannot always understand or express what they feel. But you may notice they:

- become irritable, tearful, clinging
- difficulty sleeping
- wake up in the night
- start wetting the bed
- have bad dreams
- lack confidence to try new things
- struggle to face simple everyday tasks
- find it hard to concentrate
- have angry outbursts
- start avoiding everyday activities, such as clubs, seeing friends, going to school



#### **How can you help your child?**

There is a lot of useful information available on how to support your child if you recognise that they may be becoming more anxious. These are some top tips -

- Find a calm relaxing time to talk to your child. It is not a good idea to try and talk to your child about their anxieties if they are in the middle of being distressed or upset about something.
- Take the time to calm them down by distracting them away from how they are feeling at that moment in time. Later, when they are calmer, try to explore how your child is feeling by talking about how their body feels when they get anxious.
- Do not try to 'fix' all of their worries, just listening to them with an open mind, will often make them feel more relaxed
- Talk about how the child can start to cope with how they are feeling. Can they start to recognise the start of when they feel anxious and indicate this to you before they feel overwhelmed. . Explain that these feelings are temporary and do pass.
- Arrange to speak to your child's teacher away from them to discuss more techniques on how to support your child further.

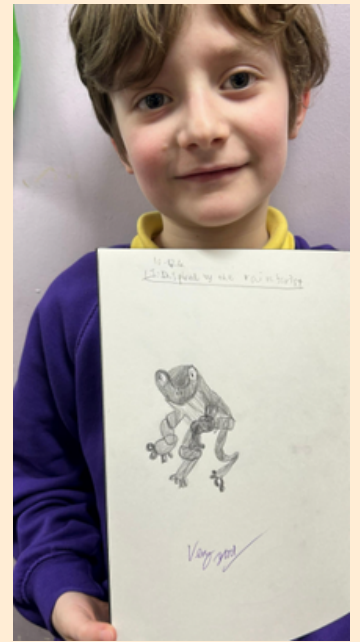
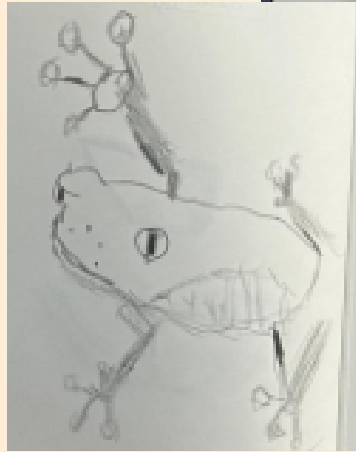
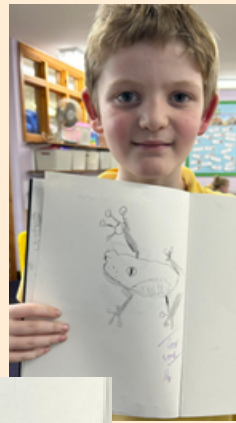
**SEND IS EVERYONE'S BUSINESS**

# Rainforest Art

Children in Class 3 have started their new Art topic this week.

They have been exploring different animals in the rainforest. Using their pencil stills, they have been producing different pictures of animals that can be found in the rainforest.

The children have used careful observation skills as well as their line drawing and shading skills to produce some wonderful pictures.



## Castles

Children in Class 4 have started to design and plan their models of motte and bailey castles. The children have studied the main features of this type of castle. They are now working together in teams to explore the resources available to build their own models.



## Dinky Diner Menu's

We are still short staffed within the school kitchen this term and the reduced menu (deletion of Blue options) will continue for the foreseeable future. We would like to thank Miss Claire for all her hard work in the kitchen and for continuing to provide a hot meal service for all of our children despite the difficulties we are having at the moment.



## REMINDERS

**26th January** - Year 4 Class Assembly

**30th January** - Young Voices Choir Performance O2

**5th Feb - 16th Feb** - Pop Up Pool in school

**12th Feb - 3.30pm** Open Classrooms for parents to see books

**15th Feb - 6.30pm** - Parent Forum - school hall

**28th Feb - 29th Feb** - Parent consults (note date change)

