



# FRIDAY ROUND UP

2nd May 2025



## MESSAGE FROM MR FARRELL

### A Flying Start to the Summer Term

Dear Parents and Carers,

We've had a flying start to the Summer term here at St Anne's, and it's been a joy to see the children return with such enthusiasm and energy. One of the most exciting developments this term has been the launch of our Forest School sessions. These have already been a great success and I'm delighted to share that we are planning to roll Forest School out to all year groups from the start of the next academic year.

Forest School offers children rich, hands-on learning experiences in the natural environment. In my experience, it not only supports academic learning—particularly in areas such as science, literacy and problem-solving—but also has a remarkable impact on children's social development. It helps build confidence, encourages teamwork and allows children to take managed risks in a safe and supportive setting. The children who have taken part so far have thoroughly enjoyed the experience and have already shown growth in resilience and creativity.

As the weather begins to warm up, I'd like to remind parents to ensure children come to school with sunscreen already applied, a suitable hat to shade them from the sun and a bottle of water to keep well hydrated throughout the day.

Please note that, for safety reasons, we do not permit sunglasses in school. This is because they can easily get broken or lost during play and they are not always impact-safe should children fall or bump into one another. We appreciate your understanding in keeping our school environment safe for all. If your child has a medical condition which requires them to wear sunglasses in sunny weather, please contact the school. Finally, I'd like to wish you all a wonderful bank holiday weekend—I hope it's filled with sunshine and rest!

Warm regards,  
Mr Farrell



### Litter Legends in Year 6!

We're so proud of two incredible Year 6 girls who have taken real action to help care for our school and the environment!

After being inspired to make a difference, they came up with the idea of starting a Litter Picking Club. They shared their idea with Mr Farrell, then bravely stood up and presented it to the whole school during Collective Worship – true agents of change!

But they didn't stop there... To raise money for litter picking equipment, the girls made and sold loom bands, using the funds to buy their own supplies.

They also created posters to advertise their club and carefully selected a team of enthusiastic Year 2 helpers. The club officially started today, and it's already making a fantastic impact!

Well done, girls – your passion, leadership and care for the planet are truly inspiring! 🌱



# CLASSROOM NEWS

Thursday 8<sup>th</sup> May

VE Day

Wear red, white and blue

In DT, Class 3 have thoroughly enjoyed designing and making their pneumatic toy monsters!



We have had a fantastic start to our forest school sessions in Year 5. It is included made dens, concoctions in the mud kitchen, nature houses, and ID badges using saws and drills. The children also enjoyed climbing trees and leaving gifts for Grandmother Willow.



Year 6 were lucky enough to have two university students (studying medicine and natural sciences) to come in to class to show them a heart dissection. The children really enjoyed seeing the inside of the heart and learning how it works. They asked lots of fabulous questions too and even had the opportunity to have some hands on experience too. We have some budding scientists among us!





## Benefits of Sleep for Children

A well-rested brain can solve problems, learn new information and enjoy the day a lot more than a tired brain. Some areas of your child's brain are even more active while they sleep.

Children who consistently get a good night's sleep:

- are more creative
- can concentrate on tasks for longer
- have better problem-solving abilities
- are better able to make positive decisions
- are more able to learn and remember new things
- have more energy during the day
- can create and maintain good relations with others.

The National Sleep Foundation has produced a general guide to the amount of sleep young children need over a 24-hour period, including naps.

Age	Recommended amount of sleep
Newborns (0 to 3 months)	14 to 17 hours (3 to 4 hours at a time)
Babies (4 to 11 months)	12 to 15 hours
Toddlers (1 to 2 years)	11 to 14 hours
Pre-schoolers (3 to 5 years)	10 to 13 hours
School-aged children (6 to 13 years)	9 to 11 hours
Teenagers (14 to 17 years)	8 to 10 hours

Not getting enough sleep each night can have negative consequences for your child. These cannot always be erased with extra sleep the next night. Over time, not getting enough quality sleep each night can produce a range of behavioural, cognitive (mental) and emotional symptoms.

When your child owes their mind and body sleep, this is called sleep debt. A large sleep debt (not getting enough sleep for many nights in a row) can result in your child feeling mentally exhausted. It can also worsen the symptoms of any existing behaviour, anxiety and mood disorders.

## Free Webinar for Parents: Understanding County Lines and Criminal Exploitation

Dear Parents and Carers,

We would like to share with you an important opportunity to learn more about how to keep children safe from criminal exploitation, including County Lines activity, which sadly affects young people in many communities across the country.

The Ivison Trust (formerly known as Parents Against Child Exploitation – PACE) is offering two free evening webinars specifically for parents and carers in Cambridgeshire and Peterborough. These online sessions will help families understand what criminal exploitation is, how to spot the signs and what to do if you are concerned about your own child or someone else's.

A particularly powerful aspect of these sessions is that they will be co-delivered by a parent whose own child was a victim of exploitation. They will share their lived experience and offer practical advice on how to respond to risks.

During the session, parents will learn:

- What County Lines is and how it works
- The signs that a child may be at risk
- How children are groomed into criminal activity
- What's currently happening in our local area
- Where to access advice and support if you're concerned

Upcoming webinars:

- Cambridgeshire: Tuesday 17th June 2025, 7:00 – 8:30pm – Book your place
- Peterborough: Wednesday 18th June 2025, 7:00 – 8:30pm – Book your place

We strongly encourage all parents to consider attending one of these sessions. The feedback from previous webinars has been overwhelmingly positive and many parents have found them eye-opening and reassuring.

## UPCOMING EVENTS

**Monday 5th May** - BANK HOLIDAY

**Thursday 8th May** - VE Day (dress in red, white and blue)

**Thursday 8th May** - Class 1 Assembly - 2.50pm start

**Monday 12th - Thursday 15th May** - Year 6 SATS Week

**Friday 16th May** - Reception Class Trip

**Friday 16th May** - PTA Quiz Night

**Mon 19th - Fri 23rd** - Walk to School Week

**Wednesday 21st May** - Class 5 Trip

**Friday 23rd May** - Big Breakfast

**Monday 26th - Fri 30th May** - HALF TERM

